

Grouse Mtn Tyee Ski Club K1 Calendar 2009/2010

NOVEMBER		DECEMBER		JANUARY		FEBRUARY		MARCH		APRIL		MAY	
1		1		1		1	Night Training	1	Night Training	1	Night Training	1	Sat or Sun Skiing @ Whistler - TBA
2		2		2	New Year's Camp	2	Night Training	2	Night Training	2		2	
3	Dryland	3		3		3		3		3	Training @ Grouse	3	
4		4		4	Night Training	4	Night Training	4	Night Training	4		4	
5	Dryland	5	Training @ Grouse TBA	5	Night Training	5		5	BC Games @ Terrace or Ski Cross @ Whistler	5	Night Training	5	
6	Gymnastics	6		6		6	Training @ Grouse	6		6		6	
7	Dryland	7		7		7		7		7		7	
8		8		8	GS/Kombi @ Hemlock	8	Night Training	8		8		8	Sat or Sun Skiing @ Whistler - TBA
9		9		9		9	Night Training	9		9	Mt Washington Zone Finals or Whistler Cup SG/GS/SL	9	
10	Dryland	10		10		10	Night Training	10	Night Training	10		10	
11		11		11		11	Night Training	11	Night Training	11		11	
12	Dryland	12	Training @ Grouse	12		12		12		12		12	
13	Gymnastics	13		13	Night Training	13	Training @ Grouse	13	Training @ Grouse	13		13	
14	Dryland	14		14	Night Training	14		14		14		14	
15		15	Night Training TBA	15		15	Night Training	15	Night Training	15		15	Sat or Sun Skiing @ Whistler - TBA
16		16		16	Training @ Grouse	16	Night Training	16	Night Training	16		16	
17	Dryland	17	Night Training TBA	17		17	Night Training	17		17		17	
18		18		18	Night Training	18	Night Training	18		18		18	
19	Dryland	19	K1/K2 GS/SL @ Whistler	19	Night Training	19		19	K1 Provincials @ Red Mountain	19		19	
20	Gymnastics	20		20		20	Training @ Grouse	20		20		20	
21	Dryland	21		21		21		21		21		21	
22		22	Christmas Camp #1	22	Speed Camp @ Whistler	22	Night Training	22		22		22	Spring SuperCamp @ Whistler or Blackcomb
23		23		23		23	Night Training	23		23		23	
24		24		24		24	Night Training	24	Night Training	24	Sat or Sun Skiing @ Whistler - TBA	24	
25		25		25		25	Night Training	25	Night Training	25		25	
26		26		26		26		26		26		26	
27		27		27		27	Training @ Grouse	27	Tyee Day	27		27	
28	Sun Peaks Fall Camp	28	Christmas Camp #2	28	Night Training	28		28	Training @ Grouse	28		28	
29		29		29	K1 Kombi/SL @ Grouse	29		29	Night Training	29		29	
30		30	Club Race	30		30		30		30		30	
		31		31		31		31		31		31	

LEGEND:	Weekend Training	Dryland/Night Training	Training Camp Blocks	Competitions	Performance Program
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